

## Newsletter 2025

Dear colleagues, dear donors,

The Foundation Board of the Swiss Osteopathy Science Foundation wishes you a happy and fulfilling 2026. May it be marked by good health, happiness, and positive challenges.

As we do every year, we would like to give you an overview of the most important activities and developments of the past few months.

## Osteopathic Models Synthesis (OsMoSys)

The OsMoSys project is a major undertaking in the field of health education, focusing specifically on osteopathic training. The aim of this project is to examine and modernize osteopathic training by adapting theoretical models to today's evidence-based practices. Particular emphasis is therefore placed on the theoretical models and concepts taught to students.

## OIA Annual General Meeting & Conference Toronto 2025

In order to present the SOSF and the development of osteopathic education and research in Switzerland on the international stage, the foundation covered the travel expenses of one Swiss research member. The implementation of the accreditation process and the bridges between research and clinical practice in Switzerland were perceived as an inspiring example at the international level.

# International Back & Neck Pain Research Forum

The SOSF was a supporting partner for this event in Davos in June 2025, which focused on the topic of "Back and Neck Pain Research in Primary Care."

The next venue is planned for Hong Kong in 2027. The foundation will consider providing further support at the appropriate time.

## SCOPHICA – Continued support

The results of the current phase of the national SCOPHICA project are available online. The SOSF will continue to participate as a partner organization and make its network available. The next phase of the project began on October 1, 2025. Further information and details on how to participate in this important Swiss cohort can be found at:

<https://scohpica.ch/de>

## Planète Santé 2024 Lausanne

After having committed to "Planète Santé" in Martigny in Valais in 2019, the SOSF was also present in Lausanne in 2024 in order to make its objectives and interests known to a wider audience. More information on <https://festival.planetesante.ch>

## Award ceremony for bachelor's and master's theses 2025



In 2025, the SOSF once again presented awards for outstanding bachelor's and master's theses. The awards were presented at the graduation ceremony on December 9, 2025, in Fribourg.

Summaries of the award-winning theses can be found [here](#).  
Congratulations to the award winners!

## **«EBP» among osteopaths in Switzerland Master's thesis by Heds Freiburg**

This master's thesis examines how evidence-based practice (EBP) is integrated into the daily practice of osteopaths, how it manifests itself in concrete terms, and what questions its implementation raises for professionals. No study on this topic has been conducted in Switzerland to date. We therefore thank you for your support.

[Further information and participation](#) (approx. 20–30 minutes)

## **Search for new foundation board member**

The search for a new member for our foundation board continues. Interested parties are welcome to contact us at any time at [info@osteopathyfoundation.ch](mailto:info@osteopathyfoundation.ch).

The foundation board would like to express its sincere thanks for your valuable support and trust over the past year and wishes you good health for 2026.

The SOSF foundation board