



SWISS OSTEOPATHY
SCIENCE FOUNDATION

Dear colleagues, Dear donors,

The Foundation Board of the Swiss Osteopathy Science Foundation wishes you a happy new year 2021 and all the confidence needed for the forthcoming year.

Before closing this particular year, we are coming back to you with a summary of our activities for 2020

- **Study Osteo-COVID-19**

Support towards the OSTEO-COVID-19 study has been one of the funding priorities for the past year. The objective of this study was to determine the economic impact, the necessary adaptations to maintain and resume professional activity as well as the osteopaths' contribution to the health system during this pandemic.

The study's results are available on our website under the heading "Research":

https://www.osteopathyfoundation.ch/en/research-works/published-research?mod_action=show_entry&entry_id=132&language=en

- **Study CUTIES**

The request of funding for the foundation's participation in an international project has been approved by the Foundation Board.



This international clinical study (UK, Australia, Switzerland) will examine the benefits of osteopathic treatments on the life's quality of newborns' parents with excessive crying and difficult to comfort.

The SOSF is participating in the financing of the project's Swiss branch. The implementation of the clinical part is under development.

The study is co-funded by the Osteopathic Foundation (UK), the National Council for Osteopathic Research and the University College of Osteopathy, among others.

The expansion of the study to Switzerland is an opportunity for the SOSF to contribute to international efforts in osteopathy's research and to establish practice-oriented research networks.

<https://www.osteopathyfoundation.ch/en/research-works/in-progress/crying-unsettled-and-distressed-infants-effectiveness-study-of-osteopathic-care-cuties-trial-pragmatic-randomised-superiority-trial-protocol-136>

- **Continuing education**

In order to promote research in Switzerland and the integration of our profession into the health system which is one of the objectives of our foundation, the SOSF initiated the set-up of a module belonging to the continuing education program of the Haute Ecole de Santé de Fribourg. This eight day long and adapted to the needs of CDS osteopath module "Promoting Informed Practice" will run from January to May 2021.



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« Planète Santé » 2021 Lausanne

The collaboration with both the FSO and the SCO-VS being a success during the “Planète Santé Martigny” in 2019, the SOSF will renew its support with the FSO and the SCO-VD for the next fair scheduled in Lausanne in 2021 .

• Donation FSOA

It was a great pleasure for us to welcome the last Committee of the Swiss Federation of Osteopathic Assistants (FSOA) dissolved this year, to receive part of their remaining assets in the form of a donation. Thank you very much for this generous gesture.





- **Bachelor 's and Master's theses award ceremony**

The graduation celebrations at the Haute Ecole de Santé, Fribourg have been postponed until further notice due to the circumstances related to the pandemic. The bachelor's and master's works, which were sent to us after selection, will nevertheless be evaluated and distinguished by the Foundation. The award ceremonies will take place in the future, depending on the health circumstances development.

Finally, the Board of Directors would like to thank the FSO, the SCOs of GE, VD, FR, VS and Jura / Neuchâtel for their confidence and the financial support provided during the past year and wishes them the best of health in 2021.

The Foundation Board