

Dear friend, dear colleague, dear donor,

The Swiss Osteopathy Science Foundation Committee wishes you all the best for the new coming year.

On this occasion, we would like to summarize our activity over the past year and specify our objectives for the future.

- **Foundation Board**

2019 saw the departure of two members of the Foundation Committee, Daniel Liedtke and Luis Filguera, whom we warmly thank for their commitment and reflections which were invaluable in setting up the foundations of our structure.

Two osteopathic colleagues, Séverine Frésard and Marco Pedini joined us to lend a hand. The Committee is now mainly composed of osteopaths; however, we hope to be able to strengthen it, even as an advisor, by one or two “non-professional” members in order to broaden our thinking and benefit from other useful skills related to the world of research or promotion in health.

- **Scientific Commission**

A scientific committee has been created to help us assess the methodological quality of the research protocols that will be sent to us for funding requests. It is made up of Ms. Aurélie Conseil Michel, Dr. Elise Wattendorf, Dr. Mahmoud Messerer, Dr. Bernard Collet, of Mr. Walid Salem and of Mr. Paul Vaucher. Their career summary will be on the site after translation.

- **Website**

Corrections and adaptations are made after comments are received and our understanding of the complex world of research and its funding system grows.

The evaluation processes have been updated and will be supplemented as soon as possible by standard PDF files.

We are trying to keep the recommended readings up to date with the help of the HES-SO research unit and the review some of us make among the publications in manual medicine. We would also like to improve our mailing system to keep you better informed of new course proposals and readings to share

- **Trainings promotion for better research expertise among osteopaths**

Trainings offers updates to improve your research skills is done as regularly as possible.

At the HES level, osteopaths can integrate the Certificates of Advanced Studies (CAS) and the Diplomas of Advanced Studies (DAS) of the different sectors even though osteopaths are not yet automatically part of the target audience.

Under our drive, an "informed practice" module was set up by the team responsible for continuing education at the HEdS-FR. It did not meet with his audience and therefore had to be canceled. It will be scheduled again, probably at the end of 2020. We are thinking about how to improve its visibility by insisting that it is a prerequisite, for CDS osteopaths, to be able to participate in future CAS and DAS which will be organized. The credits acquired should be taken into account in these future trainings.

Thanks to the adoption of ordinances relating to the law on health professions, holders of the CDS diploma will be recognized as equivalent to holders of a HES master's degree, which,

we hope, should facilitate access by CDS graduates to others postgraduate training offered by universities.

- **Promotion of osteopathy at Planète Santé, Martigny**

The SOSF participated jointly with the Cantonal Society of Osteopathy of Valais in the holding of the Osteopaths stand. Our colleagues from Valais had imagined a rewarded Goose Game decorated with questions whose answers made it possible to better understand our profession and its specificities. We thank the Valais' Organizing Committee for the work provided, especially since the stand was a real success.

- **Fundraising**

Several members of the Committee attended the General Assemblies of the various cantonal sections and of the Swiss Federation of Osteopaths, in order to give better information about the aims of the foundation in terms of research support.

We thank the members of the Swiss Federation of Osteopaths and the members of the cantonal sections who agreed to pay us sums which came to strengthen the base that we already had. It will allow us to respond first to needs for ad hoc academic support (research material, translation assistance, etc.). We also warmly thank the few members who spontaneously donated to us.

Regarding to fundraising vis a vis larger organizations such as the Loterie romande, the committee must first think about a specific research project to meet the requirements of a funding request.

- **Awarding of Bachelor and Master thesis prizes by our president Guido Fantoni, during the graduation day of December 5, 2019**



The Bachelor work award was presented to:

Naïka LANZ, Noémie HALLER & Gaëlle L'HER for their literature review on "The effect of manual therapy in children with cerebral palsy suffering from constipation. "

The master's work prize was awarded to:

Juliette MEIER for her study on

"The effect of factors influencing deviation from medical imaging guidelines in the management of acute low back pain / A social judgment theory approach in osteopaths. "

You can find the summary of these two award-winning works on our website:
<https://www.osteopathyfoundation.ch/fr/recherches/recherches-externes/recherches-effectuees-a-la-heds-fr-fr/laureats>

We wish you all a Happy New Year 2020 and send our best regards

The SOSF Committee