

Résumé

Context:

28% of women experience pain related to the gynecological area at least once in their lifetime. These pathologies and functional pains fall within the scope of osteopathy. Recently integrated in the Swiss Health System, the multidisciplinary approach and collaboration of gynecologists and osteopaths could improve medical care of those patients.

Objective:

The aim of this study is to analyze which determinants would lead to a better collaboration between gynecologists and osteopaths from the point of view of gynecologists.

Method:

This study includes French-speaking gynecologists practicing in the French-speaking part of Switzerland. It is a mixed-method study with two distinct phases: a qualitative exploratory strategy followed by a quantitative cross-sectional observational analyze. The first phase consisted in an interview submitted to a cohort found by a “snowball” strategy to understand which determinant could lead to a better collaboration between gynecologists and osteopaths. The results were analyzed according to the grounded theory. The determinants that resulted from the first phase were then submitted to a random sample of gynecologists, though an online survey, to analyze the importance of each determinant.

Results:

6 interviews were carried out to construct the second phase questionnaire, for which 48 responses were received. The determinants that emerged were knowledge of the osteopaths (sufficient for only 70,8%), delegation indications (insufficient for 91.7%), exchange of skills – considered complementary for 89.6%. Confidence between therapists depends on the quality of the reports for 47,9%. Furthermore, interdisciplinary communication is desired by 90% of gynecologists as well as other dimensions like facilitators and brakes to collaboration.

Conclusion:

The essential determinants for a better collaboration between gynecologists and osteopaths are the delegation indications for an osteopathic treatment, the field of application of osteopathy and information about the course of an osteopathic consultation. Trust, knowledge exchange and communication also play an important role.

Keywords / Mots-clés :

Complementary and alternative medicine, gynecologists, obstetricians, osteopaths, interprofessional collaboration.

Médecines complémentaires et alternatives, gynécologues, obstétriciens, ostéopathes, collaboration interprofessionnelle.