

#### **Newsletter 2023**

Dear colleagues

Dear donors

The Board of Trustees of the Swiss Osteopathy Science Foundation wishes you a happy and healthy new year.

At the beginning of this new year, we would like to give you again an overview of the activities of the past months.

## **CUTIES Study**

The results of the CUTIES study, in which the Foundation participated financially, have been officially made available to professionals in September 2022. Despite the recruitment challenges, the study has enough quality data to draw a conclusion about it and thanks everyone for participating in the study. The data collection phase is now complete. The publication in a specialized journal is expected soon.

#### SCOHPICA

Unisanté, the university center of general medicine and public health, has asked for our help in the search for participants for the SOPHICA study, a Swiss cohort of health professionals and family caregivers. As a result, we have transmitted the requests of the study leaders via our contact list. You can find more information at: www.scophica.ch

## **Fundraising**

As we mentioned last year, the search for funding from a wide variety of potential donors (e.g. Promotion Santé Suisse, Loterie Romande) faces obstacles, as these institutions require elaborate projects.

In order to address this, we are seeking to create a working group that could develop such a research project. To this end, we have contacted in November the Alumni et Amis de l'University of Fribourg and of the HEdS continuing education.

## **Continuing education**

The module « Promoting informed practice » adapted to the needs of CDS osteopaths, was successfully organized for the second time in the spring and is also on the program for 2023. The success of this training was also an opportunity

for some CDS osteopaths to participate in the continuing education « Osteopathy and Pregnancy », first module of a CAS on perinatality which started at the end of November 2022.

#### Planète Santé 2023 Lausanne

The cooperation with the SCO-VD for the preparation of the Planet Santé exhibition in Lausanne, both financially and in terms of staff, is still on-going. However it has been postponed again to 2023 by those in charge.

# Awarding of prizes for bachelor's and master's work

On December 6, 2022, the graduation ceremony for the new classes took place at the Aula Magna of the University of Fribourg. The Foundation has awarded Michelle Dysli and Milena Hug for their bachelor work, as well as Stéphanie Litzisdorf and Nathalie Pires for an excellent master's thesis. You will find the summaries of the winning works here. Congratulations to the award winners.



To conclude the Board of Trustees of the foundation would like to thank the donors for their trust and financial support during the last year.

The Board of Trustees of the SOSF